



## **D3 10,000 + K**

### **High Potency, Bioactive Vitamin D with Vitamin K**

**Form:** Array

**Flavor:**

**Size:**

In the past, vitamin D was thought to function primarily in bone mineralization. Today we know that “vitamin” D is actually a hormone that plays a role in numerous pathways and aspects of human health.<sup>1,2</sup> Yet vitamin D insufficiency is common and is increasingly considered an emerging global health issue.

**Metagenics D<sub>3</sub>10,000+ K** features 250 mcg (10,000 IU) of vitamin D<sub>3</sub>—the easiest form of supplemental vitamin D for your body to absorb. It also includes bioavailable forms of vitamin K<sub>2</sub> (menaquinone-7) to complement vitamin D. It comes in easy-to-swallow softgels, and our vitamin D is solubilized in oil to support absorption in the intestinal tract.

- Vitamin D supports bone, cardiovascular, and immune health\*
- Provides high-potency vitamin D<sub>3</sub> in easy-to-absorb form plus vitamin K<sub>2</sub>
- Delivered in easy-to-swallow softgels

1. Kuchuk NO et al. *J Bone Miner Res.* 2009;24(4):693-701.

2. Wranicz J et al. *RoczPanstwZaklHig.* 2014;65(4):273-279.