



D3 5000™

High Potency, Bioavailable Vitamin D

Form: Array

Flavor:

Size:

In the past, vitamin D was thought to function primarily in bone mineralization. Today we know that “vitamin” D is actually a hormone that plays a role in numerous pathways and aspects of human health.^{1,2} Yet vitamin D insufficiency is common and is increasingly considered an emerging global health issue.

Metagenics D₃ 5000™ features 125 mcg (5,000 IU) of vitamin D₃—the easiest form of supplemental vitamin D for your body to absorb. It comes in easy-to-swallow softgels, and our vitamin D is solubilized in oil to support absorption in the intestinal tract.

- Vitamin D supports bone, cardiovascular, and immune health*
- Provides high-potency vitamin D₃ (125 mcg/5,000 IU) in easy-to-absorb form
- Delivered in easy-to-swallow softgels

1. Kuchuk NO et al. *J Bone Miner Res.* 2009;24(4):693-701.

2. Wranicz J et al. *RoczPanstwZaklHig.* 2014;65(4):273-279.